



Europass Curriculum Vitae

Personal information

First name(s) / Surname(s) **Albena Nikolaeva Andonova**
E-mail **albena.andonova@trakia-uni.bg**
Nationality Bulgarian
Gender Female

Work experience

Dates • Trakia University Stara Zagora, Medical Faculty, Department "Health care"- from 26.10. 2014- Associate Professor until now.

Occupation or position held Associate Professor

Main activities and responsibilities Teaching Health Promotion, "Philosophy and introduction of nursing care" -theoretical the bases lectures, educational and practical training ", " Practical foundations of nursing "- Lecture" Health care "lectures;.

Name and address of employer Trakia University Stara Zagora, Medical Faculty, Department "Health care" city of Stara Zagora, "Armeiska" №11

Type of business or sector • Conducts educational lectures and practical's of specialty "nurse" by:

1. "Philosophy and introduction of nursing care" -theoretical bases
2. "Practical foundations of nursing"
3. Health Promotion
4. Elective courses:
 - Psycho-social communication in nursing;
 - Prevention of addictions;
 - Promotion of preventive health care and education.

• Conducts lectures on "General and special care for the patient" of students from specialty "Doctor Assistant"

• Conducts lectures on "Health Care" for students of specialty "medical rehabilitation and occupational therapy"

Education and training

Dates 2011 – 2014
Title of qualification awarded *Specialty "Medical Education" (contract №31 / 02.05.2011)*

Name and type of organisation providing education and training	Medical University of Sofia, Faculty "Public Health"
Dates	2009 – 2012
Title of qualification awarded	Educational and scientific degree "doctor" in "Social medicine, organization of healthcare and pharmacy"
Name and type of organisation providing education and training	Trakia University Stara Zagora, Faculty of Medicine
Dates	2006 – 2008
Title of qualification awarded	"Health care management" -manager, degree "Master", national qualification level: 7
Principal subjects/occupational skills covered	To plan and bring qualified health care in all areas of health practice and to implement adaptation of health activities to the health needs of the population. General and specialized training in health policy, management sciences, behavioural, communication and information systems and can be implemented in all government sectors and levels of the healthcare system.
Name and type of organisation providing education and training	Medical University of Sofia, Faculty "Public Health"
Dates	1998 – 2001
Title of qualification awarded	Management of health care "- degree" Bachelor "with professional qualification" Head of health care and teacher training in medical colleges.", national qualification level: 6
Principal subjects/occupational skills covered	Heads of health care in outpatient and hospital care, care facilities for children and adults; Head sectors in administrative departments of Health and health departments of the municipalities, RHC, health insurance funds and others; managers of private health structures in health care - preventive, promotive, etc .; teachers practice.
Name and type of organisation providing education and training	Medical University of Sofia, Faculty "Public Health"
Dates	1992 – 1993
Title of qualification awarded	Professional qualification "nurse" (bachelor), national qualification level: 6
Principal subjects/occupational skills covered	Protect, maintain, restore and improve the health and independence of their vital physical and mental functions, taking into account the personality of each of them and their psychological, social, economic and cultural characteristics
Name and type of organisation providing education and training	College Medical School – Stara Zagora
Dates	1984 – 1988
Title of qualification awarded	Secondary education professional qualification "nurse" – General profile, national qualification level: 5
Principal subjects/occupational skills covered	Protect, maintain, restore and improve the health and independence of their vital physical and mental functions, taking into account the personality of each of them and their psychological, social, economic and cultural characteristics
Name and type of organisation providing education and training	Medical School, Stara Zagora

Other skills and competences

1. Conduct an analysis of data from studies in the field of training and motivation of medical professionals, healthy lifestyle of young and elderly people, elderly care, medical pedagogy, teaching methodology in health care, stress and stressors in students medical specialties, volunteering, donating blood and others.
2. Participation in the development of 4 books:
 - Training nurses. Role of motivation, 2013, Stara Zagora, ISBN 978-954-799-986-2
 - General health care, Stara Zagora, 2014, ed. Arc plus, ISBN 978-954-9387-93-3
 - Healthier patient care (textbook), Gabrovo, 2011. Ed. EX-PRESS,., ISBN 978-954-490-211-7
 - Fundamentals of nursing and obstetric care (textbook for midwives and nurses), Stara Zagora, 2009., Izd.Kota, ISBN 978-954-305-265-3.
3. Publications - more than 90 national and international forums and magazines.